

STARTERS

SOUP OF THE DAY

Rustic bread (v)(gfo) £7.5

SMOKED MACKEREL PATE

Celeriac remoulade, toasted sourdough (gfo) £8

GOATS CHEESE SALAD

Beetroot, candied walnuts (v)(gf) £8.25

SQUID RINGS

Lemon mayo £8.5

TEMPURA PRAWNS

Chilli jam, lemon mayo, salad garnish £8.5

GARLIC MUSHROOM BRUSCHETTA (v)(veo)(gfo) £8



MAINS

WELSH BEEF LASAGNE

Garlic bread, salad £15.5

WELSH VEGETARIAN GLAMORGAN SAUSAGES

Creamy mashed potato, seasonal vegetables, Welsh blue cheese & leek sauce (v) £15.5

SLOOP INN CURRY OF THE WEEK

Rice, poppadum, mango chutney (gf)(veo) £15.5 Add chips £2

PIE OF THE WEEK

Choice of creamy mashed potato or chips, seasonal vegetables, gravy £16.5

WELSH LAMB SHANK

Braised red cabbage, roast garlic & chive mashed potato, gravy (gf) £24

TORTELLONI

Spinach and ricotta tortelloni, arrabiata sauce, rocket, parmesan (v) £16.5

SAUSAGE & MASH

Cumberland ring, mashed potato, seasonal vegetables, red onion gravy £16.5

SEAFOOD

OUR OWN BEER BATTERED COD

Chips, choice of mushy or garden peas, tartar sauce £16

TRADITIONAL SCAMPI

Chips, garden peas, tartar sauce £14.5

SEAFOOD CHOWDER

Moules, king prawns, cod, salmon, creamy tomato sauce, rustic bread (gfo) £21

THE SLOOP INN FISH PIE

Chunks of cod, salmon, smoked haddock & prawns in a creamy pea & dill sauce, topped with a cheesy lemon mashed potato. Served with salad & crowned with a king prawn £17.5

SALADS & LIGHT BITES

CHICKEN CAESAR SALAD

Chargrilled chicken breast, crispy bacon, gem lettuce, croutons, parmesan shavings (gfo) £15

HALLOUMI SALAD

Pan seared halloumi cheese, pomegranate, cherry tomatoes, baby gem, candied walnuts, balsamic dressing (v)(gf) £13

TRADITIONAL WELSH LAMB CAWL

Sloop Inn's famous traditional Welsh lamb & chunky vegetable cawl. Served with rustic bread & Welsh cheddar cheese (gfo) £13.5

FROM THE GRILL

All of our steaks are sourced from local butcher Ken Davies, Crymych, and are aged for a minimum of 21 days

10 oz WELSH RIBEYE STEAK

Chips, garlic & oregano roasted tomato, flat mushroom, onion rings (gfo) £30 Add king prawns £4

10 oz WELSH SIRLOIN STEAK

Chips, garlic & oregano roasted tomato, flat mushroom, onion rings (gfo) £28 Add king prawns £4

12 oz GAMMON STEAK

Chips, grilled pineapple, garden peas (gfo) £18

SAUCES

Peppercorn Sauce £3.5 Welsh Blue Cheese & Leek £3.5

BURGERS

All burgers are served with coleslaw & chips

THE SLOOP INN ANGRY DOG

Chargrilled 60z local steak mince burger, applewood cheddar, beef tomato, red onion, baby gem lettuce, mild mustard mayo £15.5

CRISPY CHICKEN

Crispy chicken breast, applewood cheddar, beef tomato, red onion, baby gem lettuce, sriracha mayo (gfo) £15.5

HALLOUMI BURGER

Halloumi cheese, beef tomato, baby gem lettuce, red onion, chilli jam(v) £15.5

LENTIL & SPINACH BURGER

Lentil & spinach burger, beef tomato, red onion, baby gem lettuce, mango chutney (v)(veo)(gfo) £15.5

Add bacon for £1 Add king prawn for £2 Add jalapénos for £1

CHILDREN

THE ANGRY PUP

40z welsh beef burger, lettuce, tomato & chips £7.5

BATTERED COD BITES

Chips or mashed potato & garden peas or beans £7.5

CHICKEN BREAST GOUJONS

Chips or mashed potato & beans or peas £7.5

WELSH PORK SAUSAGES

Chips or mashed potato & beans or peas £7.5

KIDS BOLOGNESE £7

Grated cheddar cheese

SANDWICHES

All sandwiches are served with crisps & a salad garnish, on either wholemeal, white or gluten free bread. (Only served 12:00-15:00)

Tuna mayo, red onion (gfo) £8

Honey roast ham, tomato (gfo) £7.5

Welsh mature cheddar, chutney (v)(gfo) £7.5

CIABATTAS

All ciabattas are served with crisps & a salad garnish.
(Only served 12:00-15:00)

Steak, caramalised onion, rocket, wholegrain musard mayo £13.5

Goats cheese, roasted pepper, rocket (v) £10.5

SIDES & NIBBLES

Chips £4 with cheese £5

Garlic bread £4 with cheese £5

Seasonal vegetables £4

Onion rings £4

Mixed leaf salad £4

Bread & butter £2.5



(v) vegetarian (gf) gluten free (ve) vegan (veo) vegan option available (gfo) gluten free option available

Please see our specials screens for our daily changing specials

Some of these foods may contain nuts or other allergens. Please ask our staff for details

To reserve a table, please call us on 01348 831449 or book online at sloop.co.uk